



# CPA RISK CODE CHEAT SHEET INFANTS / CHILDREN

## ANTHROPOMETRIC

Code #	Infants	Children	Code Name	Code Description	Risk Status
IRU/CRU	I	III	Risk of Underweight	<ul style="list-style-type: none"> <li>Birth to &lt;24 months: &gt;2.3<sup>rd</sup> percentile and ≤5<sup>th</sup> percentile weight for length on growth charts</li> <li>2-5 years: &gt;5<sup>th</sup> and ≤10<sup>th</sup> percentile BMI for age on appropriate growth charts</li> </ul>	Ⓢ
103	I	III	Underweight	<ul style="list-style-type: none"> <li>Birth-24 months: ≤ 2.3<sup>rd</sup> percentile weight for length on appropriate growth charts</li> <li>2-5 years: ≤ 5<sup>th</sup> percentile BMI for age as plotted on appropriate growth charts</li> </ul>	Ⓢ (!!)
113	-	III	Obese (children ≥ 2 years)	≥95 <sup>th</sup> percentile BMI or weight-for-stature as plotted on appropriate growth charts	Ⓢ (!!)
114	-	III	Overweight	Being ≥24 months of age and ≥ 85 <sup>th</sup> percentile and < 95 <sup>th</sup> percentile BMI for age or weight for stature. Standing height only can be used for this definition. Cannot be prescribed to children measured with a recumbent length.	Ⓢ
115	I	III	High weight for length	Birth to <24 months: ≥97.7 <sup>th</sup> percentile weight-for-length on appropriate growth chart	Ⓢ
IRS/CRS	I	III	Risk of short stature	<ul style="list-style-type: none"> <li>Birth-&lt;24 months: &gt;2.3<sup>rd</sup> percentile and ≤5<sup>th</sup> percentile length-for-age on appropriate growth charts</li> <li>2-5 years: &gt;5<sup>th</sup> percentile and ≤10<sup>th</sup> percentile stature-for –age based on appropriate growth charts</li> </ul>	Ⓢ (!!) – infants only
121	I	III	Short Stature	<ul style="list-style-type: none"> <li>Birth to &lt;24 months: ≤ 2.3<sup>rd</sup> percentile length-for-age on growth chart</li> <li>2-5 years: ≤ 5<sup>th</sup> percentile stature-for-age on appropriate growth charts</li> </ul>	Ⓢ (!!)
134	I	III	Failure to Thrive (FTT)	<a href="#"><u>Inadequate growth pattern where growth is significantly lower than what is expected.</u></a>	# (!!)
135	I	-	Slowed/faltering growth pattern	<ul style="list-style-type: none"> <li>Infants birth to 2 weeks: Excessive weight loss after birth, defined as ≥ 7% birth wt</li> <li>Infants 2 weeks to 6 months: Any wt loss between 2 separate measurements taken at least eight weeks apart</li> </ul>	Ⓢ
LBW	I	III	Low birth weight	Infants, children (< 24 mos. of age) with birth weight of ≤ 5 pounds 8 ounces (≤ 2500 grams)	Ⓢ (!!)
VLBW	I	III	Very low birth weight	Infants, children (< 24 months of age) with birth weight ≤ 3 pounds 5 ounces (≤ 1500 g)	Ⓢ (!!)
PTD	I	III	Preterm delivery	Infants, children with birth ≤ 36 weeks and 6/7 days gestation	Ⓢ (!!)
ETD	I	III	Early term delivery	Infants, children with birth between 37 weeks and 38 weeks and 6/7 days gestation	Ⓢ (!!)
151	I	III	Small for gestational age	Infants and children <24 months	#
153	I	-	Large for gestational age	Birth weight ≥9 lbs (≥ 4000g)	#

Ⓢ = CARES Assigns

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## BIOCHEMICAL

Code #	Infants	Children	Code Name	Code Description	Risk Status
201	I	III	Low Hemoglobin	Infants, children up to 2 years: <11.0 g/dl Children 2-5 years: <11.1 g/dl	Ⓢ
201	I	III	High risk low hgb	Hemoglobin ≤ 10 g/dl	Ⓢ (!)
201	I	III	Low hematocrit	Infants <33%, children up to 2 years: < 32.9% Children 2-5 years: < 33%	Ⓢ
211	I	III	Elevated lead	Blood lead levels ≥ 5 µg/dl within past 12 months	Ⓢ (!)

## CLINICAL

Code #	Infants	Children	Code Name	Code Description	Risk Status
341	I	III	Nutrient deficiency diseases	Including Protein Energy Malnutrition (PEM), rickets, osteomalacia	# (!)
342	I	III	GI Disorders	Excessive regurgitation or persistent vomiting which affects normal food intake	# (!)
343	I	III	Diabetes Mellitus		# (!)
344	I	III	Thyroid disorder	Hypo/hyperthyroidism	# (!)
345	I	III	Hypertension	Includes pre-hypertension <ul style="list-style-type: none"> <li>Blood pressure &gt; 95th percentile for age, gender, and height on three occasions</li> <li>Prehypertension = Blood pressure reading between the 90th and 95th percentile</li> </ul>	# (!)
346	I	III	Renal Disease	Including pyelonephritis and persistent proteinuria, excluding UTIs	# (!)
347	I	III	Cancer		# (!)
348	I	III	Central Nervous Disorders	Including cerebral palsy, epilepsy, neural tube defects, Parkinson's disease, multiple sclerosis	# (!)
349	I	III	Genetic and congenital disorders	Including cleft lip / palate, sickle cell anemia, thalassemia major, down's syndrome	# (!)
351	I	III	Inborn errors of metabolism	Including PKU, MSUD, MCAD	# (!)
353	I	III	Food Allergies		# (!)
354	I	I	Celiac disease		# (!)
355	I	III	Lactose intolerance	With GI Disturbances	#
356	I	III	Hypoglycemia		# (!)
357	I	III	Drug Nutrient Interactions		
359	I	III	Recent Trauma	Surgery, trauma, burns (severe)	# (!)
360	I	III	Other medical conditions	Including asthma, cardiorespiratory diseases, heart disease, cystic fibrosis, juvenile rheumatoid arthritis, lupus	# (!)

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362	I	III	Disabilities interfering with ability to eat	Developmental, sensory, or motor disabilities, such as: <ul style="list-style-type: none"> <li>• Failure to reach development milestones</li> <li>• Abnormal motor patterns</li> <li>• Autism</li> <li>• Faulty sucking reflex</li> </ul>	# (!!)
364	I	I	Infectious diseases	Acute – present in last 6 months, including: Hepatitis A/E, meningitis, listeriosis, pneumonia, bronchitis	# (!!)
365	I	I	Infectious diseases	Chronic – including HIV/AIDS; Hepatitis B, C, D	# (!!)
381	I	III	Oral Health Conditions	Dental caries (cavities, tooth decay). Document referral to dentist	#
382	I	III	Fetal Alcohol Spectrum Disorders	Presence of retarded growth, a pattern of facial abnormalities, abnormalities of the central nervous system, mental retardation	# (!!)
383	I	-	Neonatal Abstinence Syndrome	Infant $\leq$ 6 months. Drug withdrawal syndrome resulting from mother’s drug use during pregnancy.	# (!!)

### DIETARY

Code #	Infants	Children	Code Name	Code Description	Risk Status
401	-	V	Failure to meet dietary guidelines	Children over two who meet eligibility requirements may be presumed to be at nutrition risk (Only use when no other risk factors available)	
41A	IV	-	Inappropriate sub for breastmilk or formula	<input type="checkbox"/> Low iron formula w/o iron supplements <ul style="list-style-type: none"> <li>• Cow’s milk, goat’s milk, or sheep’s milk</li> <li><input type="checkbox"/> Canned evaporated or sweetened condensed milk</li> <li>• Imitation or substitute milks, or other “homemade concoctions”</li> </ul>	
41B/4CC	IV	V	Using bottles, cups, pacifiers improperly	<ul style="list-style-type: none"> <li>• Using a bottle to feed fruit juice, adding any food to infant’s bottle <b>(I)</b></li> <li>• Using a bottle to feed fruit juice, or diluted cereal or other solids <b>(C)</b></li> <li>• Feeding any sugar-containing fluids, such as soda, gelatin water, corn syrup solutions, sweet tea <b>(I)</b></li> <li>• Allowing infant/child to fall asleep or put to bed w/a bottle at naps, bedtime <b>(I, C)</b></li> </ul>	

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				<ul style="list-style-type: none"> <li>Using a pacifier dipped in sweet agents such as sugar, honey, or syrups <b>(I, C)</b></li> <li>Allowing infant/child to use bottle without restriction or as a pacifier <b>(I, C)</b></li> <li>Propping the bottle when feeding <b>(I)</b></li> <li>Allowing infant/child to carry around and drink regularly from a training cup <b>(I, C)</b></li> <li>Using a bottle for feeding or drinking beyond 14 months of age <b>(C)</b></li> </ul>	
4IC	IV	-	Inappropriate complimentary foods	<ul style="list-style-type: none"> <li>Adding sweet agents such as sugar, honey, or syrups to any beverage or prepared food, or used on a pacifier</li> <li>Any food other than breast milk or iron-fortified infant formula before 6 months</li> </ul>	
4ID/4CD	IV	V	Inappropriate feeding for developmental need	<ul style="list-style-type: none"> <li>Inability to recognize, insensitivity to, or disregarding cues for hunger and satiety <b>(I, C)</b></li> <li>Feeding foods of inappropriate consistency, size, or shape that pose a choking hazard <b>(I, C)</b></li> <li>Not supporting need for growing independence w/ self-feeding <b>(I, C)</b></li> <li>Feeding inappropriate textured foods based on developmental stage <b>(I, C)</b></li> </ul>	
4IE/4CE	IV	V	Foods possibly contaminated with microorganisms	<ul style="list-style-type: none"> <li>Unpasteurized fruit/vegetable juice <b>(I, C)</b></li> <li>Unpasteurized dairy products, soft cheeses <b>(I, C)</b></li> <li>Honey <b>(I)</b></li> <li>Raw or undercooked meat, fish, poultry, eggs <b>(I, C)</b></li> <li>Raw sprouts (ie: alfalfa, clover, bean) <b>(I, C)</b></li> <li>Deli meats, hot dogs, processed meats (unless heated til steaming hot) <b>(I, C)</b></li> <li>Donor human milk acquired directly from individuals or the internet <b>(I)</b></li> </ul>	
4IF	IV	-	Feeding inappropriately diluted formula	<ul style="list-style-type: none"> <li>Failure to follow dilution instructions</li> <li>Failure to follow specific instructions accompanying a prescription</li> </ul>	
4IG	IV	-	Limited breastfeeding as sole nutrition	<8 feedings per 24 hours (<2 months old)	
4IH/4CF	IV	V	Diet very low in calories and/or nutrients	<ul style="list-style-type: none"> <li>Vegan diet <b>(I, C)</b></li> <li>Macrobiotic diet <b>(I, C)</b></li> <li>Other diets very low in calories and/or essential nutrients <b>(I, C)</b></li> </ul>	
4IH	IV	-	Unsanitary prep/storage of breastmilk/formula	<ul style="list-style-type: none"> <li>Limited or no access to a:               <ul style="list-style-type: none"> <li>Safe water supply (documented by appropriate officials)</li> <li>Heat source for sterilization</li> <li>Refrigerator or freezer for storage</li> </ul> </li> <li>Donor human milk acquired directly from individuals or the internet</li> </ul>	

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4IJ/4CG	IV	V	Potentially harmful dietary supplement use	<ul style="list-style-type: none"> <li>• Single or multi-vitamins <b>(I, C)</b></li> <li>• Mineral supplements <b>(I, C)</b></li> <li>• Herbal or botanical supplements, remedies, or teas <b>(I, C)</b></li> </ul>	
4IK/4CH	IV	V	Inadequate use of dietary supplements	<ul style="list-style-type: none"> <li>• Infants ≥ 6 months ingesting &lt; 0.25mg fluoride daily when water supply contains &lt; 0.3 ppm fluoride <b>(I)</b></li> <li>• Infants exclusively breastfed, or ingesting &lt; 1 litre per day of vitamin D-fortified formula, and not supplementing with 400 IU vitamin D <b>(I)</b></li> <li>• Providing children &lt; 36 months of age &lt; 0.25 mg of fluoride daily when the water supply contains &lt; 0.3 ppm fluoride <b>(C)</b></li> <li>• Providing children 36-60 months &lt; 0.50mg fluoride daily when water supply contains &lt; 0.3 ppm fluoride <b>(C)</b></li> <li>• Not providing 400 IU vitamin D if a child consumes &lt; 1 litre (or 1 quart) of vitamin D fortified milk or formula <b>(C)</b></li> </ul>	
4CA	-	V	Inappropriate beverage as primary milk source	<ul style="list-style-type: none"> <li>☒ Non-fat/reduced-fat milk (between 12-24 mo) or sweetened condensed milk</li> <li>• Imitation or substitute milks; or other “homemade concoctions”</li> </ul>	
4CB	-	V	Routinely feeding sugar-containing fluids	<ul style="list-style-type: none"> <li>• Soda/soft drinks</li> <li>• Gelatin water</li> <li>• Corn syrup solutions</li> <li>• Sweetened tea</li> </ul>	
4CI	-	V	Pica	Routine ingestion of non-food items	
428	IV	V	Dietary risk associated with complementary feeding	<p>An infant or child who has begun to or is expected to begin to...</p> <ol style="list-style-type: none"> <li>1) consume complementary foods/beverages</li> <li>2) eat independently</li> <li>3) be weaned from breast milk/formula</li> <li>4) transition from a diet based on infant/toddler foods to one based on the <i>Dietary Guidelines for Americans</i></li> </ol>	Must be assigned w/a risk code from 411 or 425 that may be of concern



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## ENVIRONMENTAL / OTHER

Code #	Infants	Children	Code Name	Code Description	Risk Status
501	5RA(IV) 5RB(IV) 5RM(IV)	5RA (V) 5RB (V) 5RM (V)	Possibility of regression  Regression Categories: ▪ Anthropometric ▪ Biochemical ▪ Medical	A participant previously certified may be considered to be at nutritional risk in the next certification period if the CPA determines there is a possibility of regression in nutritional status without WIC benefits. This risk code may only be used one time following a certification period.	
502			Transfer of certification	VOC Card	©
603	I	-	Breastfeeding Complications	- Jaundice - Weak or ineffective suck - Difficulty latching onto mother's breast - Inadequate stooling for age and/or less than 6 wet diapers per day	Refer to physician or lactation consultant
701	II	-	Infant born to woman enrolled in WIC	Infant <6 months old of WIC mother, or of a woman who would have been eligible during pregnancy	
702	IV	-	Breastfed infant of woman at nutrition risk	A breast-fed infant whose mother has been determined to be at nutritional risk	
801	IV	V	Homeless	Homeless individual	©
802	IV	V	Migrant	Migrant individual	©
901	IV	V	Recipient of abuse		
902	IV	V	Primary caregiver with limited ability to make feeding decisions, prepare food	▪ ≤17 years of age ▪ intellectual disability ▪ has a diagnosed mental illness such as clinical depression ▪ physically disabled such that restricts or limits food preparation abilities ▪ currently using or having a history of abusing alcohol or other drugs.	
903	IV	V	Foster care	Has entered foster care or has been moving from one foster care home to another during the previous six months	©
904	I	III	<a href="#">Exposure to Environmental Tobacco Smoke (ETS)</a>	Exposure to tobacco products inside <a href="#">enclosed areas, such as</a> the home. ETS is also known as passive, secondhand, or involuntary smoke. <a href="#">Includes exposure to aerosol from electronic nicotine delivery systems, such as vape pens.</a>	©

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# CPA RISK CODE CHEAT SHEET WOMEN

## ANTHROPOMETRIC

Code #	P	BF	NBF	Code Name	Code Description	Risk Status
101	I	-	-	Underweight	Pre-pregnancy BMI < 18.5	Ⓢ
101	-	I	III	Underweight	Pre-pregnancy or current BMI <18.5 (women <6 months postpartum)	Ⓢ
101	-	I	-	Underweight	Current BMI <18.5 (women >6 months postpartum)	Ⓢ
111	I	-	-	Overweight	Pre-pregnancy BMI ≥ 25	Ⓢ
111	-	I	III	Overweight	Pre-pregnancy BMI ≥ 25 (women < 6 months postpartum)	Ⓢ
111	-	I	-	Overweight	Current BMI ≥ 25 (women ≥ 6 months postpartum)	Ⓢ
131	I	-	-	Low maternal wt gain	Refer to Table 1 for cut off values	Ⓢ (!!)
133	I	I	III	High maternal wt gain	Total pregnancy wt gain exceeds upper limit of the IOM's recommendations based on pre-pregnancy BMI	

Table 1. Low Maternal Weight gain

a) Single fetal gestation	b) Multi-fetal gestation
<u>Pre-pregnancy BMI &lt; 18.5 (Underweight)</u> weight gain <1 pound per week after 1 <sup>st</sup> trimester or total weight gain < 28-40 pounds	<u>Twin Gestations, Pre-pregnancy BMI 18.5-24.9 (Normal Weight)</u> weight gain <1.5 lbs per week after 1 <sup>st</sup> trimester or total weight gain < 37-54 pounds
<u>Pre-pregnancy BMI 18.5-24.9 (Normal)</u> weight gain <0.8 lbs per week after 1 <sup>st</sup> trimester or total weight gain < 25-35 pounds	<u>Twin Gestations, Pre-pregnancy BMI 25-29.9 (Overweight)</u> weight gain <1.5 lbs per week after 1 <sup>st</sup> trimester or total weight gain < 31-50 pounds
<u>Pre-pregnancy BMI 25-29.9 (Overweight)</u> weight gain <0.5 lbs per week after 1 <sup>st</sup> trimester or total weight gain < 15-25 pounds	<u>Twin Gestations, Pre-pregnancy BMI ≥30 (Obese)</u> weight gain <1.5 lbs per week after 1 <sup>st</sup> trimester or total weight gain < 25-42 pounds
<u>Pre-pregnancy BMI ≥30 (Obese)</u> weight gain <0.4 lbs per week after 1 <sup>st</sup> trimester or total weight gain < 11-20 pounds	<u>Triplet Gestations</u> weight gain <1.5 lbs per week and total weight gain < 50 pounds

## BIOCHEMICAL

Code #	P	BF	NBF	Code Name	Code Description	Risk Status
201	I	I	III	Low Hemoglobin	See Nutrition Risk Manual for cut off values for non-pregnant women and pregnant women, and to make adjustments for smokers.	Ⓢ
201	I	I	III	Hemoglobin <10 g/dl	Must be treated as high-risk	Ⓢ (!!)
211	I	I	III	High Lead Levels	Blood lead levels ≥ 5 µg/dl within past 12 months. See Nutrition Risk Manual for more detailed information.	Ⓢ

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## CLINICAL

Code #	P	BF	NBF	Code Name	Code Description	Risk Status
301	I	-	-	Hyperemesis Gravidarum	Severe and persistent nausea and vomiting during pregnancy which may cause > 5% weight loss and fluid and electrolyte imbalances	# (!!)
302	I	-	-	Gestational Diabetes	Current pregnancy	# (!!)
303	I	I	III	History of Gestational Diabetes	Most recent pregnancy for BF/NBF	#
304	I	I	III	History of Preeclampsia		#
312	I	I	III	History of Low Birth Wt	Previous or recent delivery of an infant ≤ 5 lbs 8-oz (≤2500 grams) – most recent pregnancy for BF/NBF	© (!!)
HPD	I	I	III	History of Pre-Term Delivery	Previous or recent delivery of an infant between ≤ 36 weeks and 6/7 days gestation	(!!)
HED	I	I	III	History of Early Term Delivery	Infant born ≥ 37 0/7 and ≤ 38 weeks 6/7 days gestations; Any history for pregnant women, Most recent pregnancy for BF/postpartum women.	
321	I	I	III	History of Spontaneous Abortion, Fetal or Neonatal Loss	Spontaneous abortion (< 20 weeks), previous neonatal death, or a fetal death (miscarriage or still birth: death at ≥ 20 weeks gestation)	© (!!) #
331	I	I	III	Pregnancy at Young Age	Age at date of conception is < 20 <del>17</del> years	© (!!)
332	I	I	III	Short Interpregnancy Interval	<18 mo between termination of previous pregnancy and conception of most recent pregnancy	(!!)
334	I	-	-	Lack of adequate prenatal care	No prenatal care/ delayed until after 1 <sup>st</sup> trimester (13 <sup>th</sup> week).	©
335	I	I	III	Multifetal pregnancy	Twins, triplets, etc (Most recent pregnancy for BF/NBF)	
336	I	-	-	Fetal Growth Restriction		(!!)
337	I	I	III	History of Large for Gestational Age Infants	History of birth of a large for gestational age infant, ≥ 9 pounds (4000g) at birth	#
338	I	-	-	Breastfeeding woman now pregnant	Breastfeeding another child while currently pregnant	
339	I	I	III	History of Birth Defects	Previous delivery of an infant with a nutrition related congenital or birth defect	# (!!)
341	I	I	III	Nutrient Deficiency or Diseases	Including Protein Energy Malnutrition, rickets, osteomalacia	# (!!)
342	I	I	III	Gastro-intestinal disorders	Including ulcers, SBS, IBD, GERD, liver disease, malabsorption syndromes, pancreatitis, gall bladder disease, post-bariatric surgery	# (!!)
343	I	I	III	Diabetes Mellitus		# (!!)

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344	I	I	III	Thyroid Disorder	Hypo/hyperthyroidism	# (!!)
345	I	I	III	Hypertension & Prehypertension	chronic or pregnancy-induced ≥140/90 = HTN 130/80 to 139/89 = Pre-HTN	# (!!)
346	I	I	III	Renal Disease	Including pyelonephritis, proteinuria Excluding UTIs	# (!!)
347	I	I	III	Cancer		# (!!)
348	I	I	III	Central nervous disorders	Including cerebral palsy, epilepsy, neural tube defects such as Spina Bifida, Parkinson's Disease, MS	# (!!)
349	I	I	III	Genetic and congenital disorders	Including cleft palate, sickle cell anemia, thalassemia major, muscular dystrophy, Down's Syndrome	# (!!)
351	I	I	III	Inborn errors of metabolism	Including PKU, MSUD, MCAD	# (!!)
353	I	I	III	Food Allergies		# (!!)
354	I	I	III	Celiac Disease		# (!!)
355	I	I	III	Lactose Intolerance	Lactose intolerance with GI disturbances	
356	I	II	III	Hypoglycaemia		# (!!)
357	I	I	III	Drug Nutrient Interactions		
358	I	I	III	Eating Disorders	Disorders characterized by a disturbed sense of body image and morbid fear of obesity	# (!!)
359	I	I	III	Recent major surgery	Includes C-sections, Trauma, Burns (severe)	# (!!)
360	I	I	III	Other medical conditions	Including asthma, cardiorespiratory diseases, heart disease, cystic fibrosis, lupus	# (!!)
361	I	I	III	Depression	Presence of clinical depression, including postpartum depression	# (!!)
362	I	I	III	Developmental, sensory, or motor disabilities	Developmental, sensory or motor delays interfering with the ability to eat (including head trauma, brain damage)	# (!!)
363	n/a	I	III	Pre-diabetes		#
364	I	I	III	Infectious Diseases	Acute diseases present in the last six months including Viral Hepatitis [A and E], Meningitis, Listeriosis, pneumonia, bronchitis	# (!!)
365	I	I	III	Infectious Diseases	Chronic diseases diagnosed, includes AIDS/HIV	# (!!)
381	I	I	III	Oral health conditions	Includes dental caries (cavities, tooth decay), periodontal disease (gingivitis, periodontitis), tooth loss {document dentist referral}	#
382	I	I	III	Fetal Alcohol Spectrum Disorders	Presence of retarded growth, a pattern of facial abnormalities, abnormalities of the central nervous system, mental retardation	# (!!)

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## DIETARY

Code #	P	BF	NBF	Code Name	Code Description	Risk Status
401	IV	IV	VI	Failure to meet dietary guidelines	Consuming fewer than the recommended number of servings from one of more of the basic food groups based on individuals estimated energy needs. (Presumed – use only when no other risk factor)	
4WA	IV	IV	VI	Inappropriate dietary supplementation	Dietary supplements which may be toxic or have harmful consequences when ingested in excess of recommended dosages: <ul style="list-style-type: none"> <li>Single or multiple vitamins</li> <li>Mineral supplements</li> <li>Herbal or botanical supplements, remedies, and/or teas</li> </ul>	
4WB	IV	IV	VI	Low calorie diet or impaired absorption	Consuming a diet very low in calories and/or nutrients; impaired caloric intake or absorption of essential nutrients following bariatric surgery. <ul style="list-style-type: none"> <li>Strict vegan diet</li> <li>Low-carbohydrate, high protein diet</li> <li>Macrobiotic diet</li> <li>Any other diet restricting calories and/or essential nutrients</li> </ul>	
4WC	IV	IV	VI	Pica	Compulsively ingesting non-food items	©
4WD	IV	IV	VI	Inadequate vitamin/mineral Supplementation	<ul style="list-style-type: none"> <li>Consuming &lt; 27 mg iron as a supplement daily (pregnant)</li> <li>Consuming &lt; 150 mcg of supplemental iodine per day (pregnant and breastfeeding)</li> <li>Consuming &lt; 400 mcg of folic acid from fortified foods and/or supplements daily (non-pregnant)</li> </ul>	
4WE	IV	-	-	Ingesting contaminated foods	<ul style="list-style-type: none"> <li>Raw fish or shellfish</li> <li>Refrigerated smoked seafood, unless as ingredient in a cooked dish</li> <li>Raw or undercooked meat or poultry</li> <li>Hot dogs, lunch meat, deli-style meat</li> <li>Refrigerated pate or meat spreads</li> <li>Unpasteurized milk or dairy products</li> <li>Soft cheeses such as feta, brie, blue</li> <li>Raw or undercooked eggs, including some salad dressings, sauces, eggnog</li> <li>Raw sprouts (alfalfa, clover, radish)</li> <li>Unpasteurized fruit and vegetable juices</li> </ul>	

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## ENVIRONMENTAL/OTHER

Code #	P	BF	NBF	Code Name	Code Description	Risk Status
371	I	I	-	<a href="#">Nicotine &amp; Tobacco Use</a> <a href="#">Maternal Smoking</a>	<a href="#">The use of any product which contains nicotine and/or tobacco</a> <a href="#">Reports smoking</a>	(!!)
372	I	I	III	Substance Use	Any illegal substance use and/or abuse of prescription medications. Marijuana use in any form for pregnant and BF women.	(!!)
3WA	I	-	-	Alcohol Use	Any alcohol use	(!!)
3WA	-	I	III	Alcohol Abuse	Routine consumption of ≥4 drinks per day or ≥8 drinks per week. Binge drinking: routine consumption of ≥4 drinks within 2 hours.	(!!)
501 5WA 5WB 5WM	-	IV	VI	Regression Regression categories: ▪ Anthropometric ▪ Biochemical ▪ Medical	A participant previously certified may be considered to be at nutritional risk in the next certification period if the CPA determines there is a possibility of regression in nutritional status without WIC benefits. This risk code may only be used one time following a certification period.	
502				Transfer of Certification	VOC Card	©
503	I	-	-	Presumptive Eligibility of a Pregnant Woman	A pregnant woman who meets WIC income eligibility standards but has not yet been evaluated for nutrition risk, for a period of up to 60 days.	
601	I	I	-	Breastfeeding mother of infant at nutritional risk	A breastfeeding woman whose breastfed infant has been determined to be at nutritional risk.	
602	I	I	-	Breastfeeding complications or potential complications	<ul style="list-style-type: none"> <li>▪ Severe breast engorgement</li> <li>▪ Recurrent plugged ducts</li> <li>▪ Flat or inverted nipples</li> <li>▪ Mastitis</li> <li>▪ Cracked, bleeding or severely sore nipples</li> <li>▪ Aged ≥ 40 years</li> </ul>	
801	IV	IV	VI	Homelessness	Homeless individual	©
802	IV	IV	VI	Migrancy	Migrant individual	©
901	IV	IV	VI	Recipient of abuse	Abuse reported at home	
902	IV	IV	VI	Limited ability to make feeding decisions and/or prepare food	<ul style="list-style-type: none"> <li>▪ ≤ 17 years of age</li> <li>▪ Mentally disabled/delayed and/or have a diagnosed mental illness such as clinical depression</li> <li>▪ Physically disabled to a degree which restricts or limits food preparation abilities</li> <li>▪ Currently using or with history of abusing alcohol or other drugs</li> </ul>	
903	IV	IV	VI	Foster Care	Entering or moving during previous 6 months	©
904	I	I	VI	Exposure to Environmental Tobacco Smoke (ETS)	Exposure to smoke from tobacco products inside enclosed areas, such as the home. ETS is also known as passive, secondhand, or involuntary smoke, includes exposure to aerosol from electronic nicotine delivery systems, such as vape pens.	©

© = CARES Assigns

# = Diagnosis Needed

(!!) = High Risk

Shaded = CPPAs may use these codes

Updated 7/2021