



4-6-20

To all health care providers:

The DC Breastfeeding Coalition and the DC Chapter of the American Academy of Pediatrics would like to share lactation consultation resources in Washington, DC during the COVID-19 pandemic.

The Children's National East of the River Lactation Support Center will continue to provide in-person lactation support to Children's National patients as long as families with babies under 6 months are being served in-person. The team is beginning the process to transition follow-up visits to telemedicine. Phone number 202-476-6941

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) participants are receiving nutrition counseling and certification by phone and their checks are being mailed to them. WIC is continuing to provide breastfeeding peer counselor support over the phone to their participants. WIC participants can enroll in Pacify over the phone during the COVID-19 pandemic. Pacify provides 24/7 video support with a board certified lactation consultant (IBCLC). Families should contact their local WIC site to obtain information about downloading the app. <https://www.dcwic.org/wic-locations>

Howard University Hospital National Breastfeeding Support Center

The following services are available: 202-865-1316

- Consult with IBCLC for mothers and providers
- Video contact available by appointment
- In house support for those delivering at Howard

HUH's on-site WIC Center will continue to provide breastfeeding peer counselor support on the postpartum unit as well as over the phone to WIC participants. Video conference is available to breastfeeding mothers.

The Breastfeeding Center of Greater Washington is providing video lactation consultations and classes. They offer a sliding-fee scale and free consultations for Medicaid recipients. For urgent questions call or text 202-293-5182.

- For classes: <http://breastfeedingcenter.org/class-calendar/>
- For consultations: <http://breastfeedingcenter.org/consultations/scheduling/>
- For pump or scale rental: <http://breastfeedingcenter.org/pump-rentals/>

Resources regarding breastfeeding and breast milk and COVID can be found at <https://www.bfmed.org/covid-19-resources> with links to the CDC, WHO and Academy of Breastfeeding Medicine recommendations.

The AAP report "[Initial Guidance: Management of Infants Born to Mothers with COVID-19 \[send.mm.aap.org\]](#)" and a [Q&A \[send.mm.aap.org\]](#)

Thank you for all you do to support families, especially during these challenging times, and please let us know if you have additional questions.

Jenny Tender, MD (jtender@childrensnational.org)
Michal Young, MD (m_a_young@Howard.edu)
DC AAP Breastfeeding Coordinators
DC Breastfeeding Coalition Board Members