

## CPPA Risk Code Training Resource Guide



The following risk code trainings will assist staff in their knowledge and understanding of risk code conditions identified in the WIC certification process.

Each link under the “Risk Code” column will direct staff to the risk code overview in the [DC WIC Nutrition Risk Manual](#).

All other links provided will direct staff to additional resources identified to support their knowledge and understanding of the risk code topic.

Risk Code	Links to AZ WIC Risk Code Training	Notes
<a href="#">Blood Lead Training</a> (211)  <a href="#">Diets low in calories</a> (411.8, 425.6, 427.2)	<a href="#">Blood Lead Training</a>  <a href="#">Diets low in calories</a>	<b>Estimated Time: 50 minutes</b>  Knowledge check question of ‘Diets low in calories’ (13:40) – wrong answer is highlighted. Correct answer is B.
<a href="#">History of Gestational Diabetes</a> (303)  <a href="#">Prediabetes</a> (363)	<a href="#">History of gestational diabetes</a>  <a href="#">Prediabetes training</a>	<b>Estimated Time: 55 minutes</b>  Both videos provide overview of diabetes.
<a href="#">Overweight</a> (114)	<a href="#">Overweight</a>	<b>Estimated Time: 40 minutes</b>
<a href="#">Risk of underweight</a> (103)  <a href="#">Breastfeeding complications</a> (603)	<a href="#">Weight gain – all categories</a>  <a href="#">Breastfeeding complications</a>	<b>Estimated Time: 50 minutes</b>

<a href="#">History of preeclampsia</a> (304)  <a href="#">Inappropriate dietary supplementation</a> (411.10, 425.7, 427.1)	<a href="#">History of preeclampsia</a>  <a href="#">Inappropriate supplementation</a>	<b>Estimated Time: 45 minutes</b>  Click 'next' through preeclampsia video until preeclampsia risk is discussed.
<a href="#">Feeding inappropriate diluted formula</a> (411.6)	<a href="#">Feeding inappropriately diluted formula</a>	<b>Estimated Time: 25 minutes</b>

<b>Risk Code</b>	<b>Resource</b>	<b>Links / Resource Type</b>	<b>Description</b>	<b>Notes</b>
<a href="#">Multifetal Pregnancy</a> (335)	La Leche League	<a href="#">Twins and BF</a>  <i>Website</i>	<b>La Leche League</b> Breastfeeding considerations for mothers with multiples.	<b>Estimated Time: 40 minutes</b>
	March of Dimes – Being Pregnant with Twins, Triplets, and Other Multiples	<a href="#">March of Dimes - Being Pregnant with Twins, Triplets, and Other Multiples</a>  <i>Website</i>	<b>NPO – March of Dimes</b> Consumer facing, though detailed sufficiently for paraprofessional. Considerable overlap with Children’s article.	
<a href="#">Large for Gestational Age</a> (153)	Peds Cases – Large for Gestational Age	<a href="#">Ped Cases - LGA</a>  <i>Video</i>	<b>Univeity of Albany</b> Multimedia, medical based instruction. Good overview of LGA, leans clinical but not too high level.	
<a href="#">Recipient of Abuse – Women / Children</a> (901)	CDC – Intimate Partner Violence Prevention / Fast Facts Child Abuse	<a href="#">CDC – Intimate Partner Violence</a>  <i>Website</i>	<b>CDC</b> General overview; includes 2-minute video. Child abuse + additional tabs included on left side of page.	<b>Estimated Time: 50 minutes</b>
<a href="#">Recipient of Abuse – Children</a> (901)	Peds Cases – Physical Abuse in Children	<a href="#">Peds Cases – Physical Abuse in Children</a>  <i>Podcast</i>	<b>University of Albany</b> Bruises, fractures, burns, head trauma, obligation to report.	

<a href="#">Limited Ability to Make Feeding Decisions</a> (902)	Sooner Success – Supporting Parents with Disabilities	<a href="#">Supporting Parents with Disabilities</a>  <i>Website</i>	<b>Oklahoma Dept of Human Services</b> Recommend pages 19-27, 33-35. Provides overview of varying disabilities and considerations when working with these individuals.	
	CDC – Disability and Health Overview	<a href="#">CDC - Disability and Obesity</a>  <i>Website</i>	<b>CDC</b> Provides overview on disabilities. <i>Challenges Facing People with Disabilities</i> section relates disabilities to potential nutritional concerns.	
<a href="#">Homelessness</a> (801)	SchoolHouse Connection	<a href="#">Schoolhouse Connection - Infant/Toddlers and Homelessness</a>  <i>PDF</i>	<b>NPO – SchoolHouse Connection</b> Seeks to end homelessness through education and advocacy.	<b>Estimated Time: 30 minutes</b>
	Community Partnership for the Prevention of Homelessness	<a href="#">DC Homelessness Point-in-Time</a>  <i>PDF Facts Sheet</i>	<b>DC DHS</b> Provides snapshot of homelessness in DC in 2019. Not specific to WIC population, though vulnerable groups are highlighted in PDF.	
<a href="#">Migrancy</a> (802)	National Center for Farmworker Health – Maternal & Child Health Fact Sheet	<a href="#">National Center for Farmworker Health - Maternal/Child Overview</a>  <i>PDF</i>	<b>NPO – NCFH</b> Mission is to improve the health of farmworker families. Fact Sheet with general overview, has sections for prenatal care, pediatric care, and nutrition concerns.	
<a href="#">Short Stature</a> (121)	Children’s Hospital Colorado – Short Stature and Growth Concerns	<a href="#">Children's Hospital Colorado - Short Stature Overview</a>  <i>Website</i>	<b>Children’s Hospital in Colorado</b> Reviews in depth short stature causes and times for concern. Good overview for a paraprofessional.	<b>Estimated Time: 35 minutes</b>
	Lecturio: Short Stature in Children	<a href="#">Lecturio: Short Stature in Children: Diagnosis</a>  <i>Video</i>	<b>For-Profit Company</b> Team of medical experts that have devised multimedia medical training tools. Short video overview on short stature. Clinician focused but not too high-level.	
<a href="#">Limited BF as Sole Nutrition Source</a> (411.7)	USDA WIC Breastfeeding	<a href="#">USDA WIC Breastfeeding</a>	<b>USDA</b>	

		<i>Website</i>	Resource for WIC staff and WIC participants. Reviews the basics of breastfeeding (BF). Intended for mothers planning to BF.	
<a href="#">Drug Nutrient Interactions</a> (357)	Oklahoma Cooperative Extension – Food and Drug Interactions	<a href="#">Oklahoma Cooperative Extension – Food &amp; Drug Interactions</a>  <i>PDF</i>	<b>Oklahoma State University</b> Cooperative Extension PDF, detailed overview of food and drug interactions, key considerations are included.	<b>Estimated Time: 20 minutes</b>
	MedShadow: Food and Drug Overview	<a href="#">MedShadow - Food &amp; Drug Overview</a>  <i>Video</i>	<b>NPO – MedShadow</b> Described as medical news journalism, advocate for informed consent on medication use. Accepts no funding from pharma or medical device manufacturers. 3-minute video, highlights common food and drug interactions.	

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